

Track: 2020-06-27 Anello del Monte Greco

Date: 27/06/2020

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These speeds are average for = HKG

IBP index reliability= B

IBP = 152 HKG

Total length	18.43 Km
Analyzed distance	18.43 Km
Lineal distance	0.04 Km

Accumulated climb	1378.77 m
Accumulated descent	1382.17 m
Maximum height	2293.66 m
Minimal height	1666.1 m
Climb rate	14.31 %
Descent rate	16.85 %
Positive climb difference per km	74.81 m
Negative descent difference per km	75 m

Total time	6:43:59 h
Time in movement	5:26:48 h
Stopped time	1:17:11 h

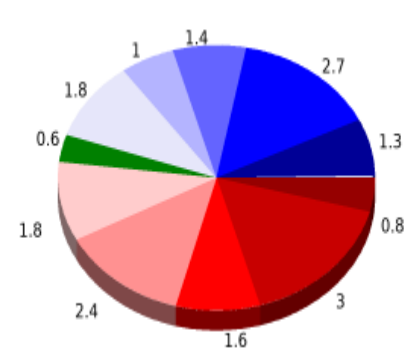
Total speed average	2.74 Km/h
Average speed in movement	3.38 Km/h
Maximum held speed	6.27 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1359 (cad. 13.56 m)
Significant points	506 (cad. 36.5 m / 37.23 %)
Aberrant points	36 (2.65 % d. total)

Direction changes per km	13.62
Direction changes >5° per km	9.39
Accumulated straight stretches	2.705 Km
Straight stretches per km	146.77 m
Penalizable slope changes	12
Penalizable slope changes per km	0.651

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Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.811	4.4	2.24	0:21:46
	Between 15 and 30%	3.044	16.51	3.01	1:00:40
	Between 10 and 15%	1.598	8.67	3.24	0:29:38
	Between 5 and 10%	2.405	13.05	3.85	0:37:30
	Between 1 and 5%	1.778	9.65	3.59	0:29:45
	Total :	9.635	52.28	3.22	2:59:19
	Plain				
	Difference of 1%	0.592	3.21	3.48	0:10:12
	Breakdown descents				
	Between 1 and 5%	1.833	9.94	4.08	0:26:57
	Between 5 and 10%	1.004	5.45	4.55	0:13:15
	Between 10 and 15%	1.357	7.36	4.07	0:19:59
	Between 15 and 30%	2.685	14.57	3.46	0:46:34
	Between 30% and 55%	1.325	7.19	2.6	0:30:32
	Total :	8.204	44.51	3.59	2:17:17
Total track :		18.43	100 %	3.38	5:26:48

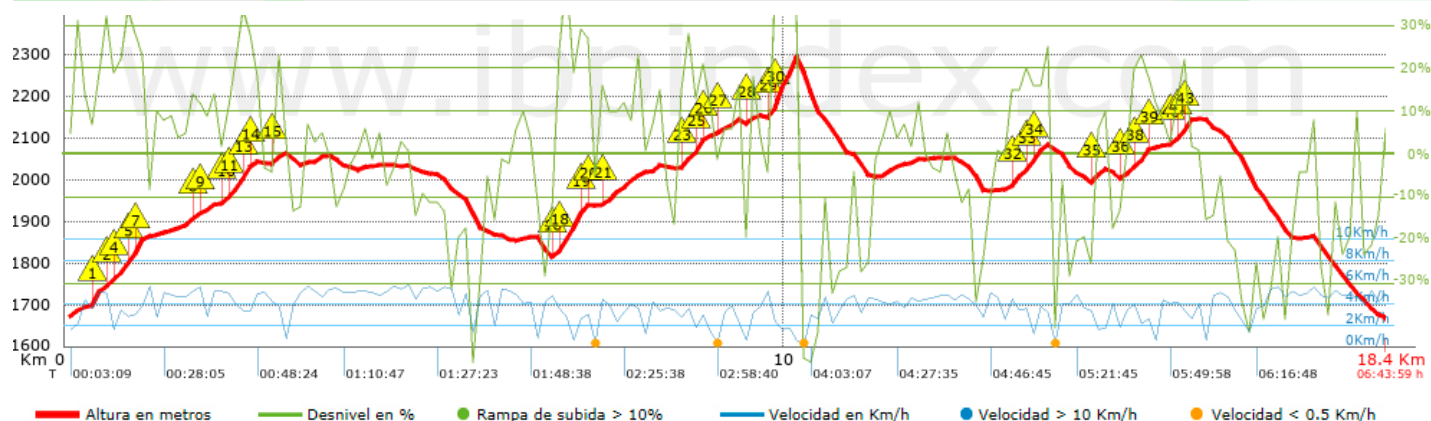
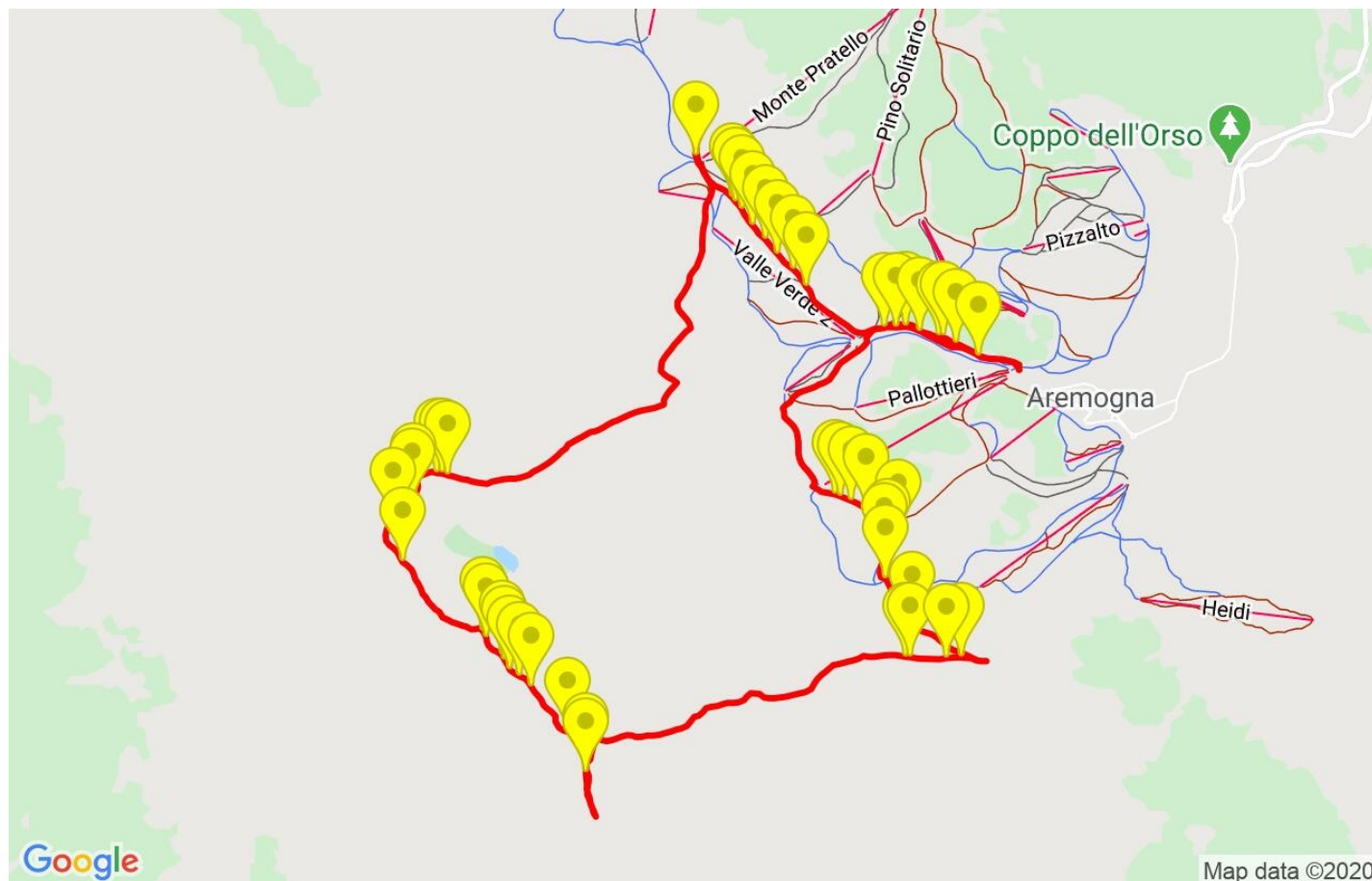
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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	0.355	18 %	181 m
	0.535	22 %	107 m
	0.642	19 %	35 m
	0.677	18 %	141 m
	0.819	27 %	101 m
	0.919	31 %	68 m
	0.988	27 %	80 m
	1.739	13 %	142 m
	2.155	14 %	134 m
	2.289	22 %	130 m
	2.419	30 %	71 m
	2.49	21 %	37 m
	2.526	29 %	40 m
	2.908	17 %	128 m
	6.809	17 %	40 m
	6.849	23 %	35 m
	6.884	30 %	303 m
	7.186	24 %	34 m
	7.221	23 %	75 m
	7.433	14 %	324 m
	8.548	14 %	43 m
	8.591	20 %	176 m
	8.767	26 %	43 m
	8.81	25 %	77 m
	8.887	13 %	78 m
	9.507	14 %	103 m

	9.787	15 %	36 m
	9.823	41 %	341 m
	13.127	15 %	30 m
	13.157	19 %	245 m
	13.402	22 %	109 m
	13.511	19 %	151 m
	14.279	22 %	116 m
	14.667	11 %	178 m
	14.845	20 %	36 m
	14.881	23 %	148 m
	15.03	18 %	43 m
	15.366	12 %	111 m
	15.476	24 %	81 m
	15.558	29 %	39 m
	15.597	34 %	44 m

High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	246.235	1.34	0:06:03	2.44	0:32:16	0:38:19	0.39
2000	10555.986	57.27	3:13:38	3.27	0:29:41	3:43:19	2.84
1750	6403.429	34.74	1:47:19	3.58	0:15:14	2:02:33	3.14
1500	1225.484	6.65	0:19:48	3.71		0:19:48	3.71
Total :	18.431 Km	100 %	5:26:48 h	3.38 Km/h	1:17:11 h	6:43:59 h	2.74 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.037	0:02:23	2063	0:55:21	0:55:21	3.037
6.52	0:03:06	1867	1:49:11	0:53:50	3.483
7.031	0:03:25	1878	2:01:01	0:11:50	0.511
7.295	0:08:43	1944	2:09:13	0:08:12 < 10´	0.264
9.008	0:06:30	2112	2:52:10	0:42:57	1.712
9.351	0:03:49	2145	3:04:15	0:12:05	0.344
10.133	0:32:16 > 10´	2283	3:25:42	0:21:27	0.781
13.661	0:10:39 > 10´	2084	5:03:18	1:37:36	3.529
15.117	0:03:03	2075	5:43:36	0:40:18	1.456
15.792	0:03:17	2149	5:58:32	0:14:56	0.675
Total :		1:17:11 h			